# Brushing your dog's teeth



Brushing your dog's teeth regularly is a great way to keep their gums and teeth healthier and fight gum disease.

### STEP 1



Before brushing your dog's teeth try touching around their face and gums to get them used to you being around their mouth. This way, it won't seem strange when you start the process of brushing their teeth.

# STEP 2



Smear a small amount of toothpaste on your finger tip and allow your dog to lick the toothpaste. He should like the taste and be keen to eat it.

## STEP 3



You can use normal or finger toothbrushes specially designed for dogs or a child's size toothbrush.

# STEP 4



When choosing a toothpaste, make sure it is enzymatic as this will help treat and avoid potential gum disease. DO NOT USE HUMAN TOOTHPASTE!

Wet the toothbrush with water and some toothpaste then push it down into the bristles.

### STEP 5



Hold the muzzle to keep the mouth gently closed. This will stop chewing when the toothbrush is introduced.

Lift the top lip on one side and gently brush the long canine teeth. Do not start with the incisor teeth at the front as this is a more sensitive area of the mouth.

### STEP 6



Use a circular motion and gently brush along the teeth right to the back. To get to the molar teeth you will need to slip the brush inside the cheek.

Your dog will probably lick around their mouth while you are brushing, this is completely normal. Stop if your dog is reacting more than a little bit.

# STEP 7



Now lift the top lip at the front of the mouth and gently brush the incisors.

The more regularly you brush, the more your dog will get used to it and the better their dental health will be. For best results brushing should be at least once a day.

For more advice on looking after your dog's teeth, and which products to use, please contact your vet.



